

Class of 2011

News from the Career Center

January 14, 2010

Your Junior year is so full of opportunities, it can be difficult to decide which way to go. Take a look at the information I have for you here & see what interests you. One of the best things you can do for yourself is to discover what kinds of people, places and activities inspire you. But for now, here's your January update...

Career Fair

Be sure to attend the Career Fair Monday, February 1st at lunch in the Large Gym. There will be a variety of occupations represented. It's a great way to get information about careers.

Job Shadows

Job Shadows will be available for Juniors again this Spring. Be listening for the sign-up announcements in the Daily Bulletin; or, come by the Career Center between 7:00am and 9:25am to let Ms. Sharp know what you are interested in shadowing.

ROP

If you want to take an ROP class next year, stop by the counseling office and pick up an ROP application. You'll need to fill out the application and attach it to your course request form when you sign up for next year's classes. Flyers describing the different classes are available in the Career Center. Stop by & check it out, or visit ROP at www.eduhsd.k12.ca.us/ROP.htm

Bridges

Don't forget about www.bridges.com for career exploration. The site ID is 1027093 and the password is cougar. They also have a pretty good college search tool that includes out-of-state colleges.

e-mail address

If you haven't done it yet, get a professional-sounding email address. An address like imahottie@yahoo.com will count against you with college admissions staff, scholarship awards staff, and potential employers. Something with your name in it is good, then use it for your college inquiries and job correspondence – and don't forget to check your messages regularly.

SAT/ACT

If you're planning to go to a 4-year college after you graduate, sign up for the SAT and/or ACT right now. Don't wait until fall – you'll probably do better while everything is fresh in your mind. And the sooner you sign up, the more choices you'll have when it comes to testing location. Hint – the closest site is Oak Ridge HS.

Here are this spring's test dates:

SAT:	March 13	May 1	June 5
ACT:	April 10	June 12	

www.collegeboard.com
www.actstudent.org

If you want to go to a UC, you'll need two SAT subject tests in addition to the basic test. This will require a separate sitting. Come see me if you have any questions.

SAT & ACT money-saving tip:

If you are thinking of attending any colleges in the CSU system (such as Sac State, Chico State, Cal Poly, Humboldt State, etc.), you can save money by paying for only one score report, but having it available to all the CSU's.

- For the SAT tests, use institution code 3594 when you choose where to send your scores. It shows up on collegeboard's list as CSU MENTOR LONG BEACH. (Not CSU Long Beach, but CSU MENTOR Long Beach) This sends your scores to a central CSU database and your score is automatically shared with all the CSU's to which you apply.
- For the ACT, list one CSU campus (any CSU campus) as a score recipient when you sign up for the test. Later, when you create your CSU Mentor account to apply for admission, click on the "ACT Scores Manager" (part of your CSU Mentor profile) and fill out the online form to release your scores to other CSU campuses.

PSAT

If you took the PSAT in October, sign onto www.collegeboard.com and click on My College Quickstart. Use the code from your PSAT to access your personalized SAT study plan. If you lost your code, come see me & I can look it up for you. I also have SAT & ACT study guides available here in the Career Center.

More SAT/ACT Study

If you're not sure which test to take, consider signing up for the Kaplan SAT/ACT Combo Practice Test at Union Mine HS on Saturday, Jan 30th from 10am-2:30pm. The cost is \$10 (scholarships available). Kaplan will return on February 11th to go over results and give strategies. This is a very inexpensive way to compare tests & see which you'd do better on. I have registration forms here in the Career Center.

College Athletics

If you're planning to participate in college athletics, now is the time register with the NCAA Eligibility Center: www.eligibilitycenter.org. Don't forget that even if you're being recruited for an athletic scholarship, you still need to take the SAT/ACT this spring, apply to the college(s) next fall, and meet all the deadlines & requirements for admission!

Out-of-state colleges

Thinking an out-of-state college is out of the question? Visit the Western Undergraduate Exchange at <http://wue.wiche.edu>. Here you'll find some special tuition agreements that other states have with California that might just make that out-of-state college more affordable. Also look for the book "The College Solution" (I have one copy here in the Career Center). It has great tips on finding a college where you have a better shot at their big scholarships.

Summer College Programs:

If you're looking for something interesting to do this summer, consider attending a College Summer Program. This is a good chance to try out a particular college, narrow down your choice of major, or check out a particular career interest. Most programs charge tuition, but some are very reasonably priced. Start looking now - priority deadlines are typically in February and March.

- **Innerspark** is an arts program sponsored by the State of California, offering animation, visual art, theater, dance, music, film/video, & creative writing. Reduced tuition to California residents: www.innerspark.us
- **COSMOS** is a 4-week academic program with many exciting topics in math & science. Programs are held at UC Davis, UC Santa Cruz, UC San Diego & UC Irvine. Also with reduced tuition for California residents: www.ucop.edu/cosmos
- **UC Davis Young Scholars** has a science program for high achieving students: <http://ydp.ucdavis.edu>
- **US Military Academy Summer Leaders Seminar** (academic, physical, leadership) www.admissions.usma.edu
- **Junior Statesmen** (political science – Stanford, Princeton, Yale or Georgetown) www.jsa.org
- **Bank of America NEI Student Leaders** (paid summer internship for community-minded juniors & seniors): www.bankofamerica.com/neistudentleaders

There are many programs all across the country. Check the list at <http://mrsbastian.pbwiki.com> for programs that have sent flyers to EDHS.

Scholarships - it's not always all about the seniors...

- **Save Me a Spot in College.** Grades 6-12. Create a poster or television advertisement: www.collegecampaign.org/contest. Deadline 3/15/10.
- **American River College Writing Contest.** Grades 11-12. Poetry, short story, personal essay: <http://English.arc.losrios.edu> Deadline 3/30/10.
- **Safe Jobs for youth Video Contest.** Age 14-18. Design a 30-second video to promote job safety: www.youngworkers.org Deadline 2/17/09.
- **Check the wiki for more:** <http://mrsbastian.pbwiki.com>
- **Check the binder in the Career Center too!**

Enjoy!!

Mrs. Bastian

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